

Do you want to be a Volunteer for Project Antifreeze?

Helping in the day centre would involve:

Welcoming clients, making tea and coffee, serving food, finding information and relevant advice for individuals, filling out a sleeping bag application, helping with the clothes storeroom, praying and sharing the gospel with our clients. We are open Mon, Tue, Thu, Fri 12—4pm.

Helping on a night shift would involve:

Being part of an outreach team, walking the streets of Brighton or Hove, handing out food, drink, clothing, advice and information to any rough sleepers along with prayer support and finding appropriate opportunities to share the gospel with them. We go out Mon to Fri 7.30—10.00pm.

Helping as a sandwich maker would involve:

Committing to providing sandwiches one night a week for the outreach team. Making up two loaves of bread, with one meat and one cheese individually wrapped for the clients. Delivery of the sandwiches can either be during the day or at 7.30pm.

There are some genuine occupational requirements (GOR) for anyone wishing to volunteer. You need to:

- ⇒ Be a Christian
- ⇒ Be over the age of 18
- ⇒ Have been housed for a minimum of 2 years
- ⇒ Have been drug free for a minimum of 3 years
- ⇒ Have a non-judgmental love for the homeless
- ⇒ Be able to show the love of Jesus in action

[Please contact us to apply for a full application pack](#)

Opening hours for our drop in Centre:

Monday	12—4pm
Tuesday	12—4pm
Wednesday	Closed
Thursday	12—4pm
Friday	12—4pm



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Charitable Company No: 5300691

PROJECT
ANTIFREEZE

...life saving support for the homeless

Introduction to our homeless work



Project Antifreeze is run by ...

...Off The Fence Trust.

Since Project Antifreeze was established in 1994, our calling has been to serve the many needs of those who are homeless in the Brighton & Hove area. It has been a life saver to many homeless men and women.

We are founded on a Christian vision and driven by Christian values.

Our aim is to keep the homeless alive; we find them, engage with them, access their needs and then offer holistic support:

Spiritual: We believe that our life saving relationship with Jesus is the single most important part of life. We believe that aside from the practical help and support we offer, another essential aspect of our work is sharing the good news of Jesus with people. We introduce them to the Christian faith through group talks and one to one conversations, whilst fully respecting their views and their right to disagree with our beliefs.

Practical: We provide individually tailored, life saving support. The needs of the homeless are often complex and diverse and as a result our approach is person centered and flexible. We offer cold weather support, such as sleeping bags, warm clothing, sandwiches and hot drinks. We offer referrals such as hostel beds, GP, hospital, clinic, community beds and various rehabilitation centers. We also offer advice and information on times and places and details of services and agencies that will help.

Emotional: We aim to be non-judgmental, listening and respectful of our service users. We offer each individual a one to one interview, where we discover their specific needs and refer them, if appropriate, to the relevant agencies. We promote a life of discipline and aim to see them re-enter society with roles and activities in the community such as paid work, voluntary work, education or training.

Our work splits into three areas; day shifts, night shifts and our referrals centre, as well as working closely with many other agencies across the city of Brighton & Hove.



Day Shift: Our drop in centre opens Monday, Tuesday, Thursday and Friday from 12 – 4 pm. Our outreach teams invite the homeless along to the drop in to get advice and to help them move on from a life of homelessness. We build relationships and a bond of trust with rough sleepers. We listen to them and value them as clients and offer motivational interviewing and one to one sessions. We provide access to the telephone and computer as well as being a 'care of' address for clients. Both the day and night shift work leads into our Referrals Centre.

Night Shift: Our outreach team works five nights a week during the winter months, and three nights a week during the summer months from 8 – 10pm. Each night our team of dedicated outreach workers and volunteers go out onto the streets of our city and minister directly to the needs of those we meet. This means we work with clients who are resistant and refuse other services. By going to where the client is we are able to access individuals that do not yet use or know of other services. We give out a street sheet (produced in-house) which gives information as to where men and women can receive help and information such as the day centres, health care information, housing and accommodation advice. In a practical way we offer to each person we meet a warm drink and a sandwich, a few clothes and toiletries, and where one is required, an emergency sleeping bag to ease the burden of sleeping rough. However most importantly we offer our time to sit and listen. We work closely with the police who monitor our routes and movements.

Referrals Centre: We assess the multiple needs of clients with the intention of linking them to services. We then liaise with the many other agencies and services on behalf of our clients, arranging interviews, processing application forms and accompanying clients to appointments if required.

How can you Help?

Clothing: In 2010 we were able to offer clothing to 357 individuals in our day centre. We have a large stockroom of clothing that needs continuously replenishing. If you have any men's clothing please do think of donating it to us. You can always go to our website www.offthefence.org.uk we update our needs list every month.

Financially: It costs just under £100,000 a year to provide for the many needs of the homeless. You can give on a regular basis by setting up a standing order or send a cheque payable to Off The Fence. Please see our website for more information.

Sleeping bags: In 2010 we handed out 405 sleeping bags to rough sleepers in Brighton & Hove. Could you donate just £10 to provide a sleeping bag for someone in need?

Volunteering:

We need around 50 volunteers all year round. You can volunteer in the drop in centre, on our night shift or making sandwiches.

