

LIKE TO KNOW MORE? (Please complete and return)			
Name			
Address			
Post Code			
Home Tel:		Mob:	
E-Mail Address			
Pastor			
Church			
Church Contact Details			

How wonderful it is that nobody need wait a single moment before starting to improve the world. ~ Anne Frank

If you think you are too small to be effective, you have never been in bed with a mosquito. ~Betty Reese

Off The Fence is a Registered Charity No. 1108777

Project Gateway, 52 Station Road, Portslade, BN41 1DF, Tel: 01273 417597
Email: gateway@offthefence.org.uk

Admin

Finance

Drop in
Centre
Support

Prayer

Befriending

Fund-
Raising

Training
Support

Volunteer Opportunities



The Project provides:

- ◆ Befriending
- ◆ Emotional support
- ◆ Signposting/Networking
- ◆ Encouragement
- ◆ Life skills

Role	Work involved	Qualities Required	Frequency	Tick Box
Outreach Befriender	Lifts to Doctor or Hospital appointments or meetings/ social, providing support & encouragement.	Friendly, good listening skills <i>(Subject to completing Project Gateway Training)</i>	1-2 hours per week	<input type="checkbox"/>
Drop in Befriender	Assisting in running of Drop in Centre, providing support and guidance to women accessing the service.	Friendly, good listening skills <i>(subject to completing Project Gateway Training)</i>	2 - 4 hours per week/ fortnight. <i>(Can be flexible)</i>	<input type="checkbox"/>
Drop in Centre Support/ Hospitality	To prepare drop in area including cleaning, prepare & set up for refreshments, check toilets, meet and greet service users.	Friendly, able to work in busy environment	2 - 4 hours per week/ fortnight. <i>(Can be flexible)</i>	<input type="checkbox"/>
Training Support	To help provide basic computer skills training and assisting with accessing the internet in out internet cafe	Friendly, IT skills	1-2 hours per week.	<input type="checkbox"/>
Admin Support	Filing, inputting data	General Office and IT Skills	Minimum 1 hour per week	<input type="checkbox"/>
Prayer	To pray for project, staff, & clients as part of a group or as an individual	Passion to see lives changed	As desired	<input type="checkbox"/>
Raising funds/ Event support	Organising small fundraising initiatives e.g. coffee mornings, lunches, part of a team setting up for events & clearing up after.	Outgoing personality & thinking outside the box, organisational skills.	As & when	<input type="checkbox"/>
Financial Giving			As preferred	<input type="checkbox"/>

Project Gateway supports women in difficult situations. To offer a safe place for women where they are not just seen as a series of problems, but where they have space to be listened to.

We provide support through these times and empower women to make positives changes in their lives.

What do we offer Volunteers:

- ◆ A warm welcome
- ◆ An interview to enable us to find the most suitable placement for you
- ◆ On-going Training
- ◆ Regular Support Sessions
- ◆ Team Meetings

How much time do I need to Give?

That is up to you. Most volunteers give a few hours a week some do more. However we do ask for a minimum of 8 hours per month.

If you are interested in becoming part of our Women's Project by volunteering then please complete the form overleaf and indicate with a cross below, the area you are interested in and return it to:

Project Gateway at Off The Fence or contact the Office on **01273 417597** and speak to **Tina Johnson**